



# Family Catechesis™ at Home and in the Parish



- Participating parents gather weekly for catechesis in the parish for one to one and a half hours.
- At the beginning of each month they meet for an additional hour to discuss some spiritual practices, receive guidelines on how to implement the *Discussion Guides* for the coming weeks with their families and to share their family catechesis experiences of the previous month.
- The parish meeting will be led by the Coordinator appointed by the pastor. A team of facilitators lead the small groups.
- Participants go through *The Apostolate's Family Catechism* segment of that week's Discussion Guide and watch all the recommended video segments.
- Parents then go through the weekly Discussion Guide with their children at home.

## Format for Weekly Meetings

1. Opening Prayer with music if available
2. Video Segment with Cardinal Arinze
3. Read the Apostolate's Family Catechism Questions and Answers
4. Discussion
5. Closing Prayer

## Format for Monthly Meetings

1. Opening Prayer with music if available
2. Monthly Special Presentation
3. Video Segment with Cardinal Arinze
4. Read the Apostolate's Family Catechism Questions and Answers
5. Discussion
6. Sharing on previous month's family catechesis with their respective families
7. Review topics for the coming month and guidelines
8. Closing Prayer