



Consecration in Truth®

Family Catechesis™

Educates adults in the truths of the faith and empowers them to lead their families in learning and living the faith. Taught by Roman Curia Cardinal Francis Arinze.

Discussion Guide 1A God and His Perfections (Questions 1-8)

The Apostolate's Family Catechism™

Opening Prayer (5 min.)

Gospel Reading (see Liturgical Calendar box). Pause to reflect. When you are ready, end with an Our Father, Hail Mary and Glory Be. Announce the *Liturgical Season* and the *Significant Feast Days* for the week.

Discussion and Sharing on

The Apostolate's Family Catechism (40 min.)

- Announce the topic and questions to be covered.
- Watch Commentaries with Cardinal Arinze video **Q# 1-3** (6 min.), **Q# 4-5** (7 min) or **Q# 6-8** (6 min). Discuss.
- Read **Q# 1-8** aloud and discuss the answers. Point out the illustrations and diagrams and allow family members to explain them. Read the captions on the illustrations. Read the Scripture quotes.
- Discuss the “Doctrine, Moral, Worship Exercises” and the “Thought Provokers” related to **Q# 1-8** found at the end of **Chapters 1 and 2**.

Closing Prayer (10 min.)

It is important for us to develop a prayer life and families can encourage it by having a common time and place for family prayer. One of the traditional prayer methods is called Mental Prayer.

Go step by step through the Ten Steps to Mental Prayer.

End by praying the **Chapter 1** Summary Prayer.



Liturgical Calendar

- **Season:** _____
- **Upcoming Sunday Readings:**
First Reading _____
Second Reading _____
Gospel Reading _____
- **Significant Feast Days This Week:**



Scripture Memory Verse

Take turns reciting or reading at family meals

John 17:15-17

“I am not asking you to remove them from the world, but to protect them from the evil one. They do not belong to the world any more than I belong to the world. Consecrate them in truth; your word is truth.”



Family Activity

Prayer Area

Make a prayer area in your home. You can include the following items:

- Crucifix
- Candle
- Rosary
- Statue
- Bible

Commit to say a daily family evening prayer in this area.

Nature Walk

Take a nature walk together. Give each person a chance to identify at least one thing that shows the goodness of God